



GLEANERS AFTER-HOLIDAY FOOD DRIVE

After the giving seasons of Thanksgiving and Christmas, *donations tend to slow down at many food banks, but THE NEED FOR FOOD CONTINUES.*

Help us to continue assisting those in need through the winter by donating nonperishable food items to Gleaners Food Bank!

Where: Saint Mary of the Hills Parish (add to the 'bin on wheels' in the Narthex)

When: Second and Third Weeks of March

Organized by James Archey, parishioner and student at NDP

GLEANERS
COMMUNITY FOOD BANK
of Southeastern Michigan

Suggested Items to Donate

Here are some suggestions of nutritious canned and dry goods that Gleaners uses the most.

We ask that you **avoid items in glass** as they often break in transit.

Top 5 Needed Items

- Canned Fruit in Light Syrup
- Canned Vegetables
- Tuna Fish
- Peanut Butter (in plastic jars)
- Cereal/Oatmeal

Hearty Soups, Stews
Canned Spaghetti or Pasta
Canned Meats (chicken, salmon)
Pasta, Macaroni and Cheese, Rice
Pancake or Baking Mixes