

Confirmation Project Instructions

For this requirement, you can make a PowerPoint, Key Note (or other similar), poster display, or written report. Your project will be presented at your Confirmation Interview in the spring of your second year.

Your project must include the following 6 parts (or slides for the PowerPoint or Key Note):

1. All about you –include photo(s) of you and your family, photo from your Baptism or First Eucharist, your favorite hobbies, things you enjoy doing.
2. Choose from a list of quotes that best describes you today. Explain why you chose that quote. Choose at least 5 words from the list (or come up with your own) that best describe you. Pick two of the words and explain why you chose them. The quotes and word list follow these instructions.
3. Your sponsor – include photo(s) of your sponsor. What is your sponsor's name, relation to you and why did you choose him/her? How does your sponsor help you to live your faith? Choose at least 5 words from the word list to describe your sponsor.
4. Choose a saint that you'd like to learn more about. You can visit the website www.catholic.org/saints to find information about many different saints. On this site, you can see many categories such as popular saints, patron saints, etc. A patron saint is a saint who guides or protects a certain cause or activity, such as patron saint of dance, patron saint of animals, patron saint of mathematicians, etc. Find one whose story interests you. Read/listen to the story of the saint. Find something about this saint that you can relate to and explain it. Explain what this person did to make them special in the eyes of the church. Be sure and include a photo of the saint (usually an artist's depiction). I've listed some patron saints and saints from the U.S. in one of the following pages.
5. Choose from a list of Bible passages and describe how it relates to your call to be a Catholic Christian. How does it relate to some service that you have done? Don't forget to include the passage you've chosen as well as a picture/image that the passage makes you think of (perhaps it can be a picture of you completing your service hours.)
6. We know that through the sacrament of Confirmation, the Holy Spirit bestows gifts upon you which are Wisdom, Courage, Knowledge, Right Judgement, Piety, Understanding and Wonder & Awe. See below for a description of each of the gifts. Name the gift that is your strength and explain why. Name the gift that is your weakness and explain why.

Be sure and read through the following pages for more information to help you complete your project.

Gifts of the Holy Spirit

Wisdom: Helps us see God and God's goodness in all things.

Understanding: Gives us insight into our faith and helps us teach others by word and action. This gift helps us to understand God's plan for our life.

Right Judgement/Counsel: Helps us make the right choices in life, and to seek God's advice when making choices according to His law.

Courage/Fortitude: Strengthens us to do what is right and to be faithful despite difficulties. This gift enables us to overcome fear with confidence because God is our strength.

Knowledge: Helps us know God and God's saving plan for us; what is important and what is not.

Piety/Reverence: Calls us to love God and to respect God and all creation; we obey out of love, not fear. This gift moves us to worship God, offer God praise and pray to Him in confidence.

Wonder and Awe/Fear of the Lord: Inspires us to marvel at the power and beauty of God's creation. This gift helps us to see the beauty in our world and in one another.

Word List

Artistic	Athletic	Caring	Colorful	Creative
Curious	Determined	Empathetic	Fearless	Funny
Helpful	Honest	Kind	Loyal	Nice
Outgoing	Passionate	Persistent	Responsible	Quiet
Smart	Shy	Serious	Trustworthy	Strong

Choose five of these, or you may choose your own adjectives to describe yourself and your sponsor.

Quotes

"Be who you are and say what you feel because those who mind don't matter and those who matter don't mind."
-Dr. Seuss

"Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible."
- St. Francis of Assisi

"The measure of who we are is what we do with what we have."
-Vince Lombardi

"We shall never know all the good that a simple smile can do."
-Mother Teresa

"Your time is limited, so don't waste it living someone else's life. Don't let the noise of others' opinions drown out your own inner voice. And most important, have the courage to follow your heart and intuition."
-Steve Jobs

"I am not what has happened to me. I am what I choose to become."
-Carl Jung

"My mission in life is not merely to survive, but to thrive; and to do so with some passion, some compassion, some humor, and some style."
-Maya Angelou

"From my point of view, God is the light that illuminates the darkness, even if it does not dissolve it, and a spark of divine light is within each of us."
-Pope Francis

"No one can make you feel inferior without your consent."
-Eleanor Roosevelt

The best and most beautiful things in the world cannot be seen or even touched-they must be felt with the heart."
-Helen Keller

"Having lived with pain, I know the value of love. Having lost everything, I now know the value of cherishing everything I have that's important and having known hatred, I now know the value and the power of faith and forgiveness."
-Phan Thi Kim Phuc

Bible Passages

“You are the light of the world. A city set on a mountain cannot be hidden. Nor do they light a lamp and then put it under a bushel basket; it is set on a lampstand, where it gives light to all in the house. Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father.”

Matthew 5:14-16

“For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me.’ Then the righteous will answer him and say, ‘Lord, when did we see you hungry and feed you, or thirsty and give you drink? When did we see you a stranger and welcome you, or naked and clothe you? When did we see you ill or in prison, and visit you?’ And the king will say to them in reply, ‘Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me.’”

Matthew 25:35-40

“What good is it, my brothers, if someone says he has faith but does not have works? Can that faith save him? If a brother or sister has nothing to wear and has no food for the day, and one of you says to them, ‘Go in peace, keep warm, and eat well,’ but you do not give them the necessities of the body, what good is it? So also faith of itself, if it does not have works, is dead.”

James 2: 14-17

“You have heard that it was said, ‘You shall love your neighbor and hate your enemy.’ But I say to you, love your enemies, and pray for those who persecute you, that you may be children of your heavenly Father, for he makes his sun rise on the bad and the good, and causes rain to fall on the just and the unjust. For if you love those who love you, what recompense will you have? Do not the tax collectors do the same? And if you greet your brothers only, what is unusual about that? Do not the pagans do the same?”

Matthew 5:43-47

“Rejoice in the Lord always. I shall say it again; rejoice! Your kindness should be known to all. The Lord is near. Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your requests known to God. Then the peace of God that surpasses all understanding will guard your hearts and minds in Christ Jesus.”

Philippians 4:4-7

Saints

Here are some patron saints that you might be interested in. Feel free to find another saint to include in your project.

Saint Catherine of Bologna, patron saint of art and artists

Saint Sebastian, patron saint of athletes, archers, and soldiers

Saint Aloysius Gonzaga, patron saint of Catholic youth and teenagers

Saint Mary, the Blessed Virgin, patron saint of all humanity, and patron saint of our parish

Saint Gregory the Great, patron saint of students, teachers and musicians

Saint Francis of Assisi, patron saint of animals, ecology, and the environment

Saint Agatha, patron saint of people with breast cancer

Saint Catherine of Siena, patron saint of firefighters

Pope Saint John Paul II, patron saint of World Youth Day

Saint Kateri Tekakwitha, patron saint of the environment and ecology

Saint Martin de Porres, patron saint of African Americans, barbers, hairdressers, race relations, and social justice

Saint Dymphna, patron saint of persons with depression, anxiety and mental illness

Here are some saints from the United States:

Saint Frances Xavier Cabrini

Saint Elizabeth Ann Seton

Saint John Neumann

Saint Katharine Drexel

Saint Kateri Tekakwitha (Native American)

Saint Junipero Serra